

Position	Bib id	Name	Gender	Country	Swim Start - Thesen Island	Swim Exit - Thesen Island	Transition 1 - Thesen Island	Cycle CP#1 - Wilderness	Transition 2 - Thesen Island	Run CP#1 - Simola	Run CP #2 - Terblans	Finish Line - Diepwalke	Overall Time
1	105	Noel Smouse	male	ZA	-	-	-	-	3:51:34	4:28:05	-	06:32:34	06:32:34
2	142	John Middlewick	male	ZA	-	-	-	-	3:50:52	4:33:08	5:31:03	06:41:06	06:41:06
3	129	Jason Le Roux	male	ZA	-	-	-	-	-	4:32:45	-	06:54:00	06:54:00
4	137	Anna Haw	female	ZA	-	-	-	-	4:13:34	4:53:39	5:51:58	07:02:19	07:02:19
5	110	Roger Bester	male	ZA	-	-	-	-	3:51:24	4:39:07	5:51:56	07:16:20	07:16:20
6	102	Christine Harding	female	ZA	-	-	-	-	3:54:56	4:41:01	5:55:19	07:18:43	07:18:43
	T3	NSRI Team 1		ZA	-	-	-	-	4:08:54	4:52:58		07:34:31	07:34:31
7	132	Petrus Jeremias Bezuidenhout Vermaak	male	NA	-	-	-	-	3:58:31	4:50:37	6:04:47	07:36:54	07:36:54
8	119	Jason Price	male	ZA	-	-	-	-	4:15:05	5:03:02	6:19:21	07:41:17	07:41:17
	T1	Chafing The Dream		ZA	-	-	-	-	4:23:04	5:09:20	6:19:18	07:42:25	07:42:25
9	131	Sanet Griesel	female	ZA	-	-	-	-	4:29:21	5:17:30	6:27:44	07:46:43	07:46:43
	T2	NSRI Team 2		ZA	-	-	-	-	4:20:56	5:07:15		07:50:11	07:50:11
10	138	Gareth Chapple	male	ZA	-	-	-	-	4:10:54	5:03:17	6:27:19	07:54:24	07:54:24
11	125	Nikolai Shipilov	male	ZA	-	-	-	2:48:59	4:25:07	5:13:12	6:26:12	07:56:54	07:56:54
12	127	Alwyn Griebenow	male	ZA	-	-	-	-	4:37:13	5:25:52	6:40:25	08:02:59	08:02:59
13	111	David Rose	male	ZA	-	-	-	2:56:25	4:42:34	5:36:52	-	08:05:15	08:05:15
14	101	Dian Peach	male	ZA	-	-	-	-	4:50:56	5:43:11	6:53:25	08:10:12	08:10:12
15	113	Maritza Botes	female	ZA	-	-	-	-	4:39:36	5:37:43	6:49:53	08:12:25	08:12:25
16	107	Nicky Fouche	female	ZA	-	-	-	-	4:43:45	5:40:01	6:48:57	08:16:14	08:16:14
17	103	Jaco Karg	male	ZA	-	-	-	-	4:29:35	5:21:40	-	08:21:18	08:21:18
18	136	Ian Wilson	male	ZA	-	-	-	3:06:18	5:00:31	5:46:37	6:57:15	08:24:24	08:24:24
19	133	AJ Van Schalkwyk	male	ZA	-	-	-	2:51:12	4:47:20	5:47:31	6:57:34	08:33:19	08:33:19
20	115	Johan Rheeders	male	ZA	-	-	-	-	4:11:31	5:03:37	-	08:44:13	08:44:13
21	139	Maximus Bartlett	male	ZA	-	-	-	-	5:06:11	6:00:19	7:18:59	08:51:37	08:51:37
22	123	Mark Fallows	male	BW	-	-	-	2:57:54	5:08:02	6:02:15	7:24:28	09:01:41	09:01:41
23	122	Lauren Footman	female	ZA	-	-	-	3:04:55	5:15:06	6:15:16	7:39:48	09:15:43	09:15:43
24	141	Rudolf Schröder	male	ZA	-	-	-	-	4:38:22	6:02:32	7:36:39	09:24:07	09:24:07
25	128	Neels Scheepers	male	ZA	-	-	-	3:05:01	5:11:18	6:17:26	-	09:34:24	09:34:24
26	124	Johannes Van der wateren	male	ZA	-	-	-	2:54:54	4:57:02	6:03:09	-	09:36:01	09:36:01
27	140	Danie Du plessis	male	ZA	-	-	-	3:02:52	5:07:04	6:11:04	7:47:15	09:57:22	09:57:22
28	144	Brandon Sandiford	male	ZA	-	-	-	2:51:11	4:46:56	6:11:15	-	09:59:16	09:59:16
29	109	Nicola Zambon	male	IT	-	-	-	-	4:42:56	6:03:06	7:53:30	10:00:36	10:00:36
30	114	Johan Koen	male	ZA	-	-	-	3:23:01	5:35:06	6:37:15	-	10:03:36	10:03:36
31	134	Lizanne Hugo	female	ZA	-	-	-	3:35:16	5:37:28	6:41:36	8:13:44	10:04:26	10:04:26
32	112	Nichola Schreuder	female	ZA	-	-	-	3:08:36	5:17:03	6:29:11	8:17:29	10:11:40	10:11:40
33	135	Riaan Hugo	male	ZA	-	-	-	-	5:39:07	6:49:19	-	10:23:16	10:23:16
34	118	Jonah Lyall	male	ZA	-	-	-	-	5:18:05	6:51:57	-	10:34:57	10:34:57
35	108	Sarah-Jane Jansen van Rensburg	female	ZA	-	-	-	3:07:03	5:23:19	6:45:21	-	10:47:03	10:47:03
36	120	Nicolette Lemmer	female	ZA	-	-	-	3:38:43	5:51:28	7:13:36	-	11:08:04	11:08:04