

Position	Bib id	Name	Gender	Category	Team	Swim Start - Thesen Island	Swim Exit - Thesen Island	Transition 1 - Thesen Island - Swim to Cycle	Cycle CP#1 - Wilderness	Cycle CP#2 - N12/N9 Split	Transition 2 - Avontuur - Cycle to Run	Run CP#1 - Plaaskind Padstaal	Run CP #2 - Buffelsnek	Finish Line - Diepwalle	Overall Time
1	Team 1 - A	Naomi Shinkins	female	TEAM	Poole Harbour Tri Team	-	-	-	-	4:47:10	7:31:14	9:07:07	11:46:01	12:43:45	12:43:45
2	Team 1 - B	Julian Lockwood	male	TEAM	Poole Harbour Tri Team	-	-	-	-	4:47:10	7:31:14	9:07:07	11:46:01	12:43:45	12:43:45
3	20	Nel Cable	male	Individual	-	-	-	-	-	5:08:24	7:46:47	9:30:52	12:33:24	13:40:06	13:40:06
4	12	JP Maritz	male	Individual	-	-	-	-	-	5:16:12	8:11:21	10:01:53	13:01:28	13:56:34	13:56:34
5	10	Damien Legendre	male	Individual	-	-	-	-	-	5:37:41	8:40:10	10:27:02	13:32:02	14:48:49	14:48:49
6	9	Albert Verster	male	Individual	-	-	-	-	3:30:53	5:43:58	8:55:03	10:50:07	13:58:46	14:57:47	14:57:47
7	16	Pieter Laubscher	male	Individual	-	-	-	-	3:37:55	5:49:52	9:06:41	11:00:00	14:17:30	15:15:51	15:15:51
8	7	De Markhoff Fouche	male	Individual	-	-	-	-	-	5:52:19	9:14:58	11:15:24	14:15:18	15:27:52	15:27:52
9	24	Cristian Mancini	male	Individual	-	-	-	-	-	5:49:56	9:17:06	-	14:29:24	15:28:12	15:28:12
10	11	Morne Vorster	male	Individual	-	-	-	-	3:21:56	5:42:31	9:11:32	11:05:54	14:37:59	15:42:38	15:42:38
11	4	Pavel Vokurka	male	Individual	-	-	-	-	-	5:39:52	8:56:32	11:13:28	14:52:36	16:13:46	16:13:46
12	28	Stephen Malherbe	male	Individual	-	-	-	-	3:50:11	6:01:53	9:34:14	11:50:49	15:15:18	16:35:44	16:35:44
13	25	Sean McFarlane	male	Individual	-	-	-	-	-	5:57:42	9:40:04	11:46:19	15:35:59	16:37:51	16:37:51
14	26	André Koomhof	male	Individual	-	-	-	-	-	6:30:57	10:01:02	12:28:42	15:42:06	16:43:36	16:43:36
15	19	Sebastian Kleu	male	Individual	-	-	-	-	-	6:21:17	10:24:51	-	15:40:31	16:48:40	16:48:40
16	2	Tiaan Jordaan	male	Individual	-	-	-	-	4:09:40	6:33:54	10:16:16	12:23:36	15:41:49	16:50:43	16:50:43
17	17	Hadyn Pithey	male	Individual	-	-	-	-	-	6:20:57	10:24:08	12:34:07	15:46:00	16:55:06	16:55:06
18	22	Benjamin Killan	male	Individual	-	-	-	-	-	5:20:52	8:24:08	10:53:55	15:02:18	17:05:10	17:05:10
19	30	Andreas Gustafsson	male	Individual	-	-	-	-	-	6:07:34	9:46:10	12:13:36	16:11:01	17:20:36	17:20:36
20	13	Madeleen van Zuydam	female	Individual	-	-	-	-	3:22:51	5:45:32	9:13:28	11:23:26	15:47:04	17:21:02	17:21:02
21	29	Petri Hanekom	male	Individual	-	-	-	-	3:52:17	6:44:35	10:47:18	-	16:11:14	17:26:25	17:26:25
22	15	Johan Kogelenberg	male	Individual	-	-	-	-	-	6:03:32	10:26:08	12:54:28	16:14:00	17:32:33	17:32:33
23	5	Giulio Dubbioso	male	Individual	-	-	-	-	3:54:15	6:36:29	10:46:50	13:19:41	16:41:30	18:00:39	18:00:39
24	6	Kristen Nolan	female	Individual	-	-	-	-	-	6:48:02	11:02:16	13:15:32	16:55:35	18:38:04	18:38:04
25	21	Michael Botes	male	Individual	-	-	-	-	4:25:53	8:00:03	12:40:44	-	15:13:25	WD	WD
26	18	Charl van Loggerenberg	male	Individual	-	-	-	-	-	5:45:32	9:51:30	12:20:42	13:52:29	15:16:18	WD
27	14	David Izquierdo	male	Individual	-	-	-	-	3:53:56	6:36:42	10:46:15	13:21:19	16:38:52	17:49:03	WD
28	27	Vincent Frenz	male	Individual	-	-	-	-	-	7:07:28	11:49:50	-	16:57:35	-	WD
29	3	Warren Espy	male	Individual	-	-	-	-	-	5:42:25	-	-	-	-	WD
30	8	James Wardlaw	male	Individual	-	-	-	-	4:30:43	8:49:17	-	-	-	-	WD